



Directory  
in Wellness/Client-Run Centers  
in Los Angeles County

<p><b>Service Area 1</b> (WC) Antelope Valley MHC 251 East Avenue K-6, Lancaster, 93535 (661) 974-8400</p> <p>(CRC) National Mental Health Association 1509-G-E Palmdale Blvd., Palmdale 93550 (661) 947-1595</p> <p><b>Service Area 2</b> (WC) Hillview MHC 12450 Van Nuys Blvd., Pacoima 91331 (818) 896-1161 ext. 287</p> <p>(WC) San Fernando MHC 10605 Balboa Blvd., Granada Hills, 91344 (818) 832-6161</p> <p>(WC &amp; CRC) San Fernando Valley CMHC 14411 Vermont St., Van Nuys 91405 (818) 989-1475</p> <p>(CRC) Topanga West Guest Homes 22115 Roscoe Blvd., Canoga Park 91304 (818) 345-8355 ext. 119</p> <p>(WC) West Valley MHC 6800 Owensmouth Ave., Ste 160, Canoga Park 91303 (818) 610-6700</p> <p><b>Service Area 3</b> (WC) Arcadia MHC 301 E. Foothill Blvd., Arcadia 91006 (626) 821-5858</p> <p>(WC) Bridges 11927 Elliot Ave., El Monte 91732 (626) 350-5304</p> <p>(WC) ENKI - La Puente 150 S. Seventh Ave., La Puente 91744 (626) 961-8971</p> <p>(WC) Pacific Clinics 9353 E. Valley Blvd., Rosemead 91770 (626) 441-4221 ext. 310</p> <p>(WC) Bill Compton, Jr. Wellness Center 68 Hill Blvd., Pasadena 91105 (626) 441-4221 ext. 109</p> <p>(WC) Prototypes 2555 E. Colorado Blvd. #100, Pasadena 91107 (626) 577-2261</p> <p>(WC) Social Model Recovery System 223 E. Rowland St., Covina 91723 (626) 332-3145 ext. 241</p> <p><b>Service Area 4</b> (WC) Downtown MHC 529 S. Maple Ave., Los Angeles, 90013 (213) 430-6700</p> <p>(WC) Gateways 437 N. Hoover St., Los Angeles 90004 (323) 644-2040 ext. 210</p> <p>(WC) Hollywood MHC 5000 Sunset Blvd., 60171, Los Angeles 90027 (323) 671-2800</p> <p>(WC) LAMP 5277 Crocker St., Los Angeles 90013 (213) 488-9559</p> <p>(WC) Northeast MHC 5594 S. Figueroa St., Los Angeles 90042 (323) 351-5100</p> <p>(WC) PC Portals 289 S. Mainpost Avenue, Los Angeles 90004 (213) 639-2680</p> <p>(CRC) SHARE! 425 South Broadway, Los Angeles, 90013 (310) 305-8878</p> <p>(CRC) Special Services for Groups 2120 W. 8th St., # 210, Los Angeles 90057 (213) 366-1689 ext. 12</p> <p><b>Service Area 5</b> (WC) Didi Hirach 4760 S. Sepulveda Blvd., Culver City 90230 (310) 390-6812 ext. 324</p>	<p>(WC) Edmund D. Edelmann Westside MHC 11303 W. Washington Blvd., Ste 200, Los Angeles 90066 (310) 966-6500</p> <p>(CRC) SHARE! 5521 Grosvenor Blvd., Los Angeles 90066 (310) 305-8878</p> <p>(CRC) Step Up on Second 1328 Second St., Santa Monica 90405 (310) 394-6889 Ext. 53</p> <p>(CRC) Westside Center for Independent Living 12901 Venice Blvd., Los Angeles 90098 (310) 360-3911</p> <p><b>Service Area 6</b> (WC) Compton MHC 921 E. Compton Blvd., Compton, 90221 (310) 666-6993</p> <p>(WC) Exodus Recovery 8401 S. Vermont Ave., Los Angeles 90044 (323) 789-6492</p> <p>(WC) Pacific Clinics/Portals 3881 S. Western Ave., Los Angeles 90062 (323) 280-4374</p> <p>(WC) SCHARP 5201 S. Vermont Ave., Los Angeles 90037 (310) 631-8004 ext. 18</p> <p>(WC) South LA Wellness Center (Exodus) 11905 Central Ave., Los Angeles 90059 (323) 312-0145</p> <p>(WC) West Central MHC 3751 Stocker St., Los Angeles 90008 (323) 298-5690</p> <p><b>Service Area 7</b> (CRC) California Hispanic Commission 10012 Norwalk Blvd., San Gabriel 91070 (562) 941-2537</p> <p>(WC) ENKI 1438 Goodrich Blvd., Commerce 90022 (323) 201-3920</p> <p>(CRC) National Men's Health Association 2877 Zoe Ave., Ste 303A, Huntington Park, 90255 (323) 346 0960, ext 228</p> <p>(WC &amp; CRC) Pacific Clinics 11731 Telegraph Rd., Santa Fe Springs 90670 (562) 949-8455 ext. 207</p> <p>(WC) Rio Honda MHC 17707 S. Studebaker Rd., Cerritos 90703 (562) 402-0688</p> <p><b>Service Area 8</b> (WC) Exodus Recovery 823 South Catalina Ave., Redondo Beach, 90277 (310) 792-5454</p> <p>(WC) Harbor-UCLA Medical Center 21730 S. Vermont Ave., Ste 210, Torrance 90502 (310) 222-2095</p> <p>(WC) Healthview 921 S. Bascom St., San Pedro 90731 (310) 884-3055 ext. 3149</p> <p>(WC) Long Beach MHC 1978 Long Beach Blvd., Long Beach, 90806 (562) 218-4013</p> <p>(WC) National Mental Health Association 1078 Atlantic Ave., Long Beach 90813 (562) 285-0149</p> <p>(WC) San Pedro Mental Health Center 150 W. 7th St., San Pedro 90731 (310) 519-6100</p> <p>(WC) South Bay Mental Health Center 1300 S. 15th Street, Ste. 103, Gardena 90247 (310) 512-8104</p> <p>(CRC) The One in Long Beach 2017 E. 4th St., Long Beach, 90814 (562) 434-4455</p> <p>(WC) Transitional Living Center 18119 Prairie Ave., Long Beach 90801 (310) 573-2892</p>
---	---

County of Los Angeles  
Board of Supervisors



Gloria Molina  
First District

Mark Ridley-Thomas  
Second District

Zev Yaroslavsky  
Third District

Don Knabe  
Fourth District

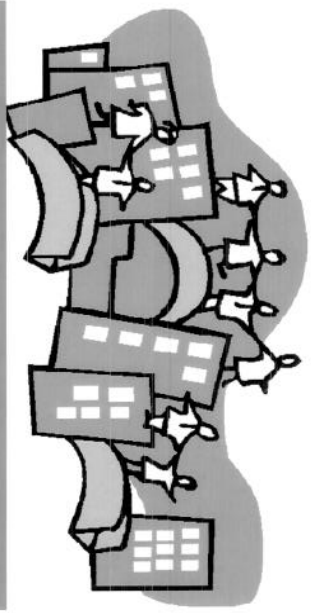
Michael D. Antonovich  
Fifth District

William T Fujioka  
Chief Executive Officer

County of Los Angeles-Department of Mental Health  
Adult System of Care  
550 South Vermont Avenue  
Los Angeles, CA 90020

*Mental Health: Hope, Wellness, and Recovery*

County of Los Angeles  
Department  
of Mental Health



Wellness &  
Client-Run Centers

Mental Health  
Services Act

Director

Marvin J. Southard, D.S.W.

Deputy Director

Gathya A. Warner, L.C.S.W.

"Promoting Community Integration,  
Client Empowerment, Social,  
Emotional, and Physical Well-Being"

<http://dmh.lacounty.gov/DMHServices/adults.html>

**What is the Mental Health**

**Services Act (MHSA)?**

California's voters passed Proposition 63 in the November 2004 General Election. On January 19, 2005, Proposition 63 was signed into law and renamed the Mental Health Services Act (MHSA).

**What does the MHSA fund?**

Each county in California has or are in the process of developing local plans for new kinds of mental health services. The first of these plans is the Community Services and Supports Plan (CSS). The objective of the CSS Plan is to provide an array of 24-hour/7 days a week services to children, transitional age youth, adults and older adults who needs are not currently met through other funding sources.

**What is a Wellness/ Client-Run Center?**

Wellness/Client-Run Centers provide two new options for adult clients to assist them on the road to recovery from their mental illness.

This brochure will also assist clients in answering questions about the types of activities and services being offered, in addition to how to contact a Wellness/ Client-Run Center nearest to them.

Wellness/Client-Run Center Activities and Services	Wellness	Client-Run
<b>Psychiatric Services;</b> medication support services & prescription management	X	
<b>Case Management;</b> support client goals for recovery, plan & coordinate services	X	X
<b>Health Screenings;</b> body mass index, blood pressure, diabetes, cholesterol, etc.	X	
<b>Healthy Living Activities,</b> including recreation, health education, and referral to primary healthcare services	X	X
<b>Peer led Self-help Groups</b>	X	X
<b>Peer Support Services</b>	X	X
<b>Supports for clients with co-occurring disorders</b>	X	X
<b>Linkages and Referrals</b>	X	X
<b>Outreach, Collaboration, and Connection with the Community</b>	X	X

**Frequently Asked Questions**

**Q: Who does a Wellness Center serve?**

A: Clients who are stable in treatment and looking to further progress their recovery goals.

**Q: Who does a Client-Run Center serve?**

A: Any client seeking additional support provided from peers, like support groups.

**Q: What are Peer Support services?**

A: Peer support can include self-help groups or one-on-one services like mentoring. Through peer support, clients with similar experiences can relate to each other and offer advice, suggestions, and strategies for managing their lives in recovery.

**Q: How is a Wellness or Client Run Center different than a Mental Health Clinic?**

A: Clients in recovery have an important decision-making role in the management of the Centers. All staff at Client-Run centers and at least 50% of staff at Wellness Centers are consumers in recovery.