

MHA Village Immersion Training Information Sheet

The MHA Village Immersion training is a 3-day training consisting of workshops designed to immerse participants in the principles of agency practicing recovery based service delivery; which is based on the principles of psychosocial rehabilitation and community integration and their practical applications. Some of the topics covered are:

- Focusing on overall wellness & health rather than on illness and symptoms
- Determining service/treatment based on abilities rather than on disabilities
- Having high rather than low expectations of members
- Using normalized rather than institutional settings
- Focusing on functional behavior rather than on intrapsychic dynamics
- Member and staff collaboration
- The generalist vs. the specialist orientation toward service provision
- **Workshop topics:** employment, housing, dual recovery, community integration, financial planning, transition age youth, physical health care, homeless assistance, day labor, job development, personal service coordination, role of the PSR psychiatrist, member perspective, ethics, outcomes, and recovery philosophy.

Established in 1994, the Mental Health America of Los Angeles (MHA) Training & Workforce Development Department is known and respected internationally as a first rate training institution, particularly in regard to the principles and practice of intensive case management and psychosocial rehabilitation. MHA has trained individuals & groups from around the United States, including programs in Alaska, Maryland, Iowa, Indiana, Kansas, New York, Washington, Florida and throughout California, and individuals from England, the Netherlands, Japan, and New Zealand, to name a few.

MHA Training & Workforce Development offers training & education on a variety of other topics. For information about how MHA Training can help your group please contact Kate MacKenney at kmackenney@mhala.org or (562) 285-1330 x244

Training Environment

The training is conducted at the MHA Village in Downtown Long Beach, California; and will run from 9:00 am to 5:00 pm Monday & Tuesday, and 9am to 3:30pm on Wednesday. Participants should be prepared to sit in a classroom, go on a walking tour of the building, participate in some field activity, and potentially visit some nearby service centers over the course of the three days.

Who should participate in the training?

The training is recommended for staff at multiple levels. In addition to line staff and direct service workers, program leaders who are responsible for program design should especially attend as they can assist system change better when they understand the recovery process. Line staff can be better recovery workers when they are supported by administrators who have a shared vision.

Participants can be staff, supervisors, administrators, mental health and adult system of care directors, and partners (including housing providers and law enforcement).

Location: MHA Village, 456 Elm Long Beach, CA 90802. MHA Village is located in Downtown Long Beach, California; a densely populated urban area. There are several hotels (at various prices) within walking distance as well as plenty of dining & shopping.

Cost: There is no cost to LACDMH Clinics & Contract Provider agencies. We have a contract with LA County DMH to provide this training at no cost to you! The contract covers the cost of training only and does not cover lodging, transportation, or meals.

Dates: Held on Monday-Wednesday one week per month, September through June. For available dates, please contact Charis Walth, cwalth@mhala.org, (562) 285-1032.